

NORVIC FAMILY PRACTICE

NEWSLETTER FEBRUARY 2021

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WHAT IS NEW

- Telephone numbers will be changing soon to a single number through which you can contact both sites at Norman Road and Victoria Health Centre. Updates will be sent by text messages, so look out for the details.
- Patient Participation Group is actively recruiting members.

LET'S GET STARTED

We start the maiden edition of our Newsletter acknowledging what a challenging last few months we all have had. Appreciating how quickly we have needed to adapt our services to you during this Covid-19 pandemic. Launching a Newsletter is an additional layer of improvements we are pursuing in a bid to fasten the bond between us and our patients. An update on the Covid-19 Vaccinations.

Covid-19 Vaccination

We have a dedicated team organising appointments for Covid vaccines. We have been contacting patients in the following order and currently on stage 4.

1. Residents in a care home for older adults and their carers
2. All those 80 years of age and over and frontline health and social care workers
3. All those 75 years of age and over
4. **All those 70 years of age and over and clinically extremely vulnerable individuals**
5. All those 65 years of age and over
6. All individuals aged 16 years to 64 years with underlying health conditions which put them at higher risk of serious disease and mortality. This also includes those who are in receipt of a carer's allowance, or those who are the main carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill.
7. All those 60 years of age and over
8. All those 55 years of age and over
9. All those 50 years of age and over



STAY SAFE

Housebound patients: Having overcome significant logistic barriers, we would have begun delivering vaccines to the housebound patients when you receive this Newsletter.

Patient Participation Group

We are actively in search of patients to join our Patient Participation Group. Meetings have begun virtually, it is a great opportunity to contribute ideas and support the care delivered in the locality.

NORVIC FAMILY PRACTICE
Do join our Patient Participation Group
We need your voice to deliver excellent healthcare in this community.
ہمیں اس برادری میں عمدہ صحت کی دیکھ بھال کرنے کے لیے آواز کی ضرورت ہے
Wi need yuh voice tuh deliva healthcare inna dis area.
Potrzebujemy Twojego głosu, aby zapewnić doskonałą opiekę zdrowotną w tej społeczności.
Sānū isa khētara vica sādāra sihata sabbhāla pradāna karana la'T avāza dī lōra hai.
Open to all patients
Face to face or Virtual Quarterly meetings
Be the change we need @Norvic
PLEASE GET IN TOUCH
norvicfamilypractice@nhs.net
0121 429 6563, 0121 565 3760
www.norvicfamilypractice.co.uk

If this interests you, kindly contact norvicfamilypractice@nhs.net FAO Dr Akhibi.

Prescriptions and Sicknotes

We hope to reduce the pressure on the phones and encourage the use of alternative online access for repeat prescriptions and emailing the surgery for sick note requests. Dedicated email addresses will be rolled out soon.

Telephone Consultations

Telephone appointments can be booked in advance or can be booked on the same day. This is by ringing the practice at 8am and 2pm. For ongoing problems we would advise you

book in advance with the clinician who has been dealing with that problem for continuity of care.

“Covid remains a massive challenge to us all – both in our organisations and in our personal lives.” NHS

ARTICLE OF THIS ISSUE

We all from time to time struggle with insomnia. Medication for sleep tend to be addictive and leave people dependent of them. Having a read of [10 tips to beat insomnia](#), available from the NHS, may provide you the required tips to overcome insomnia without contacting a doctor or needing medication.

CLINICS

We are booking clinics for Smears, Flu jabs, diabetic and blood pressure checks. You may be required to confirm you are not self isolating due to a recent contact or indeed yourself being unwell with coronavirus symptoms in the last 10 days.



WASH HANDS. COVER FACE. MAKE SPACE

Contact Us

Norvic Family Practice

Victoria Health Centre
5 Suffrage Street,
Smethwick
B66 3PZ
norvicfamilypractice@nhs.net
norvicfamilypractice.co.uk

WE ARE IN A NATIONAL LOCKDOWN

The Government has placed England under new lockdown measures. You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives.

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